

Camp Fun!

This packet includes many fun activities you can do with your troop to get everyone excited about summer camp! You will find many ideas for snacks, games, songs, and projects that would be perfect for a summer camp themed troop meeting.

Most of these activities are appropriate for Girl Scout Daisies, Brownies, and Juniors. Get older Girl Scouts involved by inviting them to help out at your meeting!

Check out our website www.gsnwgl.org for more information about our eight camps, their locations, accommodations, programs offered and more.

If anyone in your troop has not received the *2009 GSNWGL Camp Rocks* booklet, it is available to download from our website www.gsnwgl.org, or contact your nearest Service Center for a copy.

Another great way to get excited for summer camp is to have your troop visit one or more of our eight camps (listed below). Call 888.747.6945 for details.

We hope to see you and your troop at camp this summer!

Camp Birch Trails – Irma, WI

Camp Cuesta – Door County, WI

Camp Del O’Claire – Weston, WI

Camp Ishnala – Crivitz, WI

Camp Nawakwa – Cornell, WI

Camp Nesbit – Sidnaw, MI

Camp Sacajawea – Wisconsin Rapids, WI

Camp Winnecomac – Kaukauna, WI



Camp Snacks

Edible Campfires

Edible Campfires is way to show people, especially young girls, how to build a campfire. Use your imagination in this game of symbolic representation. This activity will show girls all the elements of fire building and how to put them together—without burning down camp! Go slowly, explain clearly, and enjoy it to its fullest.

Supplies:

- Napkins – 1 per girl, to be opened fully
- Small paper cups – 1 per girl
- Juice – enough to fill each cup halfway
- Mini marshmallows – 1 handful per girl
- Pretzel rods – 1 per girl, broken into 3 pieces
- Pretzel sticks – 1 small handful per girl
- Shoestring potatoes– 1 large pinch per girl
- Red Hots candy – 4 or 5 pieces per girl
- Chocolate chips – 1 small handful per girl
- Coconut shavings – 1 large pinch per girl

What the supplies are used for:

- Napkins – cleared ground area that is safe for building a fire scar
- Small paper cups – water bucket; you never build a fire without a way to put it out
- Juice – “water” for the water bucket
- Mini marshmallows –rocks to form the fire circle
- Pretzel rods – big fat fuel
- Pretzel sticks – kid-sized kindling
- Shoestring potatoes– teeny tiny tinder
- Red Hots candy – the fire's flames
- Chocolate chips – hot coals
- Coconut shavings – ashes

Some explanations:

1. Place your **piece of ground** (napkin, unfolded) on the table in front of you. This will be where you build your edible campfire.
2. Place your **water bucket** (small plastic cup) next to it, and fill it halfway with **water** (juice).
3. Use rocks (mini marshmallows) to form a fire circle.
4. When you hand out the **Big Fat Fuel** (pretzel rods), instruct the girls to break them into three pieces. “Big fat fuel” is the base of the fire and what you will add to the fire once it’s going strong. Fuel should be about the thickness of your thumb. Have the girls place their three pieces in the shape of a triangle (A-frame) in their marshmallow fire circle.
5. **Kid-Sized Kindling** (pretzel sticks) is just your average stick. It’s what you add to the fire when you’re beginning it; it can also be added any time throughout the fire experience. Kindling should be about the thickness of your pinky. Have the girls place this in a corner of their triangle.
6. **Teeny Tiny Tinder** (shoestring potato sticks) is what gets the fire going in the very beginning. It should be very small, very thin, and very dry. Pine needles and birch bark are two fantastic examples. Have the girls place their tinder under their kindling. Tinder is what you light first when building a fire.
7. Once your fire is “lit,” you will have **flames** (Red Hots candy). Instruct the girls to place their flames on top of their fire.
8. As the fire dies down the flames will evolve into **hot coals** (chocolate chips). Have the girls remove their flames and replace it with the hot coals.
9. Once the fire is completely out, it will be covered in **ashes** (coconut shavings). Sprinkle the ashes over the fire.
10. Congratulations! You all built very beautiful campfires! Now, the best way to put out an edible campfire is to *eat it!* Enjoy!



Reminders:

- ✓ Always wear gloves when handling food.
- ✓ Be sure to check for any food allergies before giving girls food products.
- ✓ Clean up your area. Girl Scouts always leave places better than they found them.
- ✓ Try to keep the girls from eating anything until you give the okay.
- ✓ Remember to keep your imaginations going—they're not marshmallows, they're rocks.

S'more Trail Mix (10 minutes)

In a bowl mix the following ingredients: Mini chocolate chips, Golden Grahams cereal, and mini marshmallows. Enjoy!

Camp Games

Frogger

(10 minutes)

First, sit everyone down, then have them all close their eyes tight. Tell them that you are going to tap one person on the head, and they are the frogger.

The frogger's role is to stick her tongue out at people (flies). When they do this, the fly will have been eaten.

There will also be a detective chosen before the frogger is chosen. She will leave the circle as the frogger is chosen then come back and try to guess who the frogger is. The detective should be given three (3) guesses.

If one of the campers sees that the frogger has stuck her tongue out at them, they should wait ten seconds before they lay down.

The game continues until the frogger is discovered or the detective runs out of guesses.

Campo

(15 minutes)

Campo is a form of Bingo. Make copies of the Campo sheet and give one to each girl. Have the girls fill in their sheet with the list of camp words. The girls can use bingo chips, pennies, or scraps of paper as their markers. As you call a word, the girls will mark that Campo space. The first one to have five (5) in a row (diagonal, across, or up and down) wins.

Campo Words:

Birch Trails
Cuesta
Ishnala
Nawakwa
Sacajawea
Nesbit
Winnecomac
Campfire
CIT
Adventure

Nature
Sports
Sailboat
Cooking
Biking
Fishing
Crafts
Water
Team building

Outdoor Cooking
S'more
Tent
Yurt
Olivotti Lake
Lake Tapawingo
Mt. Baldy
Friends
Memory Lake
Del O'Claire

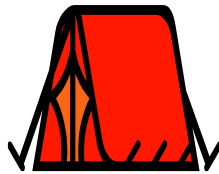
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Camp Projects

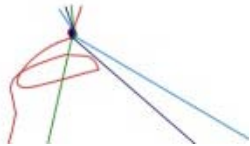
Friendship Bracelets

(20 minutes)

Supplies:

- Embroidery Floss
- Tape

1. Take the first color and wrap it around your wrist two (2) times, or from your elbow to your finger tips (more accurate!). The length you now have is the correct fit for your wrist, but if you use more string than this it makes it easier to keep going at the end of the bracelet.
2. Cut a piece this length from each of the other colors.
3. Tie a **knot** at the top. It may be easier for the girls to tape the end of their bracelet to a table.
4. Take the far left string (red) over the string to the right (green) creating a shape like the numeral four.



5. Pull the first string through the "opening" in the four and then pull it up and tighten to make a knot. Repeat this step again on the same string.
6. Pull the first string over to the right and repeat the steps above, but using the next string in each case.



7. Work this way for all the strings to complete the first row of all the same color horizontally.



8. Start the next row using the string to the far left (green).
9. Repeat all the steps until you have the row finished.
10. Keep going until the bracelet is long enough to fit around your wrist comfortably. To make sure it fits well, try it on your wrist, there should be enough extra room that you can fit about 2 fingers in next to your wrist, since the bracelet can shrink in water and become too tight (although it will stretch back out when dry).
11. Tie the loose ends of your fitted bracelet with a **square knot**, just like how you started the bracelet.
12. Tie the bracelet onto your wrist (or your friend's) at the right length with a knot, like the first part of tying a shoelace, but do it twice - this is a **square knot**. It helps if you can get someone to help you here, but it can be done alone.
13. Trim any loose ends. You can also add charms or beads to the ends for decoration. Simply slip them on the floss and tie a knot beneath them.

Younger girls may want to braid their strings to create their bracelet.

Pinecone Bird Feeder

(15 minutes)

Supplies:

- Large Pinecones
- Peanut Butter
- Bird Seed
- Yarn

Tie a piece of yarn securely towards the top of the pinecone. This will be used to hang the birdfeeder. Cover the pinecone with peanut butter, and then roll in birdseed. Hang your pinecone on a tree.

Sit Upon

(30 minutes)

Supplies:

- Vinyl cloth-backed tablecloths in the largest standard rectangular size 54" x 90"
- Scissors
- Hole punch
- Newspapers
- Yarn or string
- Needles

Pre-cut the tablecloth into nine sections, **measuring 15"x30"**. Discard the side edge pieces since the corners are not square and its extra fabric anyway.

Fold each section in half so that you have a 15x15" sit-upon. Stuff folded newspapers inside.

Use a hole punch to punch holes about every inch all the way around about a half inch from the edge. Depending on the age and abilities of the girls, you can have them punch the holes, or you can help them.

Use yarn or string to sew around. Girls can use an overlay stitch or a straight stitch if they prefer. You may need to put a piece of tape on the end of your string to make it easier to insert through the holes. Brownies should be able to sew around and tie it off by themselves.

Have each girl write her name on her sit-upon using a permanent marker, or decorate it with paint pens.

Nature Picture Frames

(20 minutes)

Supplies:

- Large Popsicle sticks
- Glue
- Yarn
- Nature items which could include: Flowers, leaves, sticks, shells, etc. (Remember not to pick anything that is alive; only use nature items that have fallen to the ground.)

Allow girls to take a walk and collect nature items, or bring them to the meeting.

Arrange the popsicles sticks so that they make a square. You may place multiple sticks together to create a larger frame, or stack the sticks to make the frame stronger.

Have girls arrange and glue their items to the frame. Yarn may be used to create a way to hang the frame.

Camp Songs

(20 minutes)

The Moose Song

(This is a repeat song)

There was a great big moose
Who liked to drink a lot of juice
(repeat)

Chorus:
Say wao wao.
Wayo wayo wayo wayo
Waayoo waayo.
Wayo wayo wayo wayo

You know his name was Fred.
He liked to drink his juice in bed
(repeat)

Chorus

He drank his juice with care,
but he spilled it down his hair
(repeat)

Chorus

Now he's a sticky moose.
A moose covered in juice
And he's on the La-ooooose!

Make New Friends

Make new friends,
But keep the old,
One is silver,
And the other gold.

A circle's round,
It has no end,
That's how long,
I want to be your friend,

You hold me,
And I'll hold you,
Then together,
We will make it through.

I have a hand,
And you have another,
Put them together,
And we have each other.

So good friends,
Wherever you may roam,
You'll be welcome,
In my heart and home.

A fire burns bright,
It warms the heart,
We've been friends
Right from the very start.

New made friends,
Like new made wine
Grow and mature,
To the end of the time.

Friends like you,
Are one of a kind,
Very special,
And hard to find.

Friends are real,
And friends are true,
If you love them,
They will love you too.

Cherish friendship,
In your breast
New is good,
But old is best.

Across the miles,
Across the sea
Friends forever,
We will always be.



GIRL SCOUTING: A World of Friendship

Herman the Worm

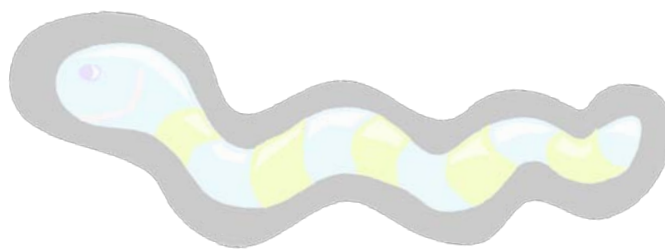
Sittin' on my fencepost,
chewing my bubblegum
(chew, chew, chew, chew)
Playin' with my yo-yo,
wee-oo! wee-oo!
When along came
Herman the worm
And he was this big
(make a motion as if measuring a tiny worm)
And I said:
"Herman? What happened?"
"I ate my sister."

Sittin' on my fencepost,
chewing my bubblegum
(chew, chew, chew, chew)
Playin' with my yo-yo,
wee-oo! wee-oo!
When along came
Herman the worm
And he was this big
(make a motion as if measuring a bigger worm)
And I said: "Herman? What happened?"
"I ate my brother."

Sittin' on my fencepost,
chewing my bubblegum
(chew, chew, chew, chew)
Playin' with my yo-yo,
wee-oo! wee-oo!
When along came
Herman the worm
And he was this big
(make a motion as if measuring a bigger worm)
And I said: "Herman? What happened?"
"I ate my Mother."

Sittin' on my fencepost,
chewing my bubblegum
(chew, chew, chew, chew)
Playin' with my yo-yo,
wee-oo! wee-oo!
When along came
Herman the worm
And he was this big
(make a motion as if measuring a bigger worm)
And I said: "Herman? What happened?"
"I ate my father."

Sittin' on my fencepost,
chewing my bubblegum
(chew, chew, chew, chew)
Playin' with my yo-yo,
wee-oo! wee-oo!
When along came
Herman the worm
And he was this big
(make a motion as if measuring a tiny worm)
And I said: "Herman? What happened?"
"I burped."



See you at camp this summer!