

Camp Sacajawea Parent Packet

Thank you for registering your daughter for Camp Sacajawea. We plan to have a summer full of great fun, great memories, and great friends. Please read the following information carefully. It contains all the important details you'll need to know before your daughter heads to camp.

Contact Information

Questions about camp: Stephanie Haka 715.423.6360 or 888.747.6945 ext. 5018 or shaka@gsnwgl.org

Questions about registration: Yvonne Duwe 888.747.6945 ext. 5010 or yduwe@gsnwgl.org
Christin Stapelmann 888.747.6945 ext. 5511 or cstapelmann@gsnwgl.org

Phone number at camp: 715.423.7646

Forms We Need from You:

Health History Form

The Health History section of the form needs to be completed within six (6) months prior to your child attending camp. All campers need to have a current form. **THIS FORM MUST BE BROUGHT TO CAMP WITH GIRLS.** Do not mail ahead of time to camp or the council. **If your child has special health needs of which the camp staff should be aware, please contact the camp director at least two (2) weeks prior to her coming to camp.**

PARTICIPANTS WILL NOT BE ABLE TO ATTEND WITHOUT THIS COMPLETED FORM

Balance Due

All final payments are due four (4) weeks prior to the camp session start date. Mail payment to: Girl Scouts of the Northwestern Great Lakes, 3511 Camp Phillips Rd, Schofield, WI 54476.

Camper Confidential Sheet and Parent Release Form

The first page will help us know and serve girls better. The second page is a security measure to ensure girls are picked up by the appropriate person(s). Please mail four weeks prior to camp session start date to Camp Sacajawea, 3910 Chestnut St, Wisconsin Rapids, WI 54494

Daily Camp Schedule

Campers begin the day at 9 a.m. with an all-camp flag ceremony. After the flag ceremony, campers form their units and begin their day of activities. The first day of camp the girls and their counselor plan their camp from a menu of options pertaining to their program. Morning and afternoon snacks are provided. **Girls will need to bring their own bag lunch, including a beverage on the first day of camp.** The camp will end on day 2 at 3:50 p.m. with a closing flag ceremony.

Optional Overnight

Email or call the Camp Director at least two (2) weeks in advance, if your camper is spending the night. Sleeping accommodations include Camp Sacajawea cabins and/or tents. If campers are not spending the night they will need to be picked up by 5 p.m.

All campers must be checked in and out by an adult with the staff member at Baptiste Lodge. **If the camper will be checked out by an adult other than her parent, that person must be included on the parent release form, included in this mailing.**

GIRLS WILL NOT BE ALLOWED TO GET DROPPED OFF AT CAMP WITHOUT A COMPLETED HEALTH HISTORY FORM IN HAND.

Try-Its and Badges

Each camper will work on a Try-It(s) or badge(s) throughout the week depending on the program they registered for. A list of Try-its or badges worked on will be sent home at the end of the week.

Medication

*All medication sent with your camper to camp **MUST** be in original containers with the doctor's name and dosage directions.* The camp health center has a supply of commonly used over-the-counter medications. It is not necessary to send these to camp. The health supervisor will keep all of your child's medications, vitamins, ointments, etc. in the health center during her stay at camp. If she is on a trip, we will send her medications, etc. with her. The counselor will hold them for safekeeping. Inhalers, bee sting kits, and other necessary items will be kept with campers at all times as determined by the health supervisor and information you note on the Health History form. **If your child has specific health needs (e.g. injections, specialized equipment, dietary concerns) contact the resident camp director well ahead of your child's attendance. Staff can then be prepared to meet these needs.**

Illness, Communicable Disease, Lice

Do not send your child to camp if she has been exposed to a communicable disease or if she is ill. We encourage all parents to check their children for lice before they come to camp. **Camp Sacajawea has a no nit policy.** This means that we will not allow any child with lice or nits to remain at camp. All girls are screened upon arrival at camp. Any child with lice or a communicable disease will need to leave camp. We will expect the parent/guardian to pick up the camper as soon as possible.

Emergency Contacts

Make sure that you or your emergency contacts will be available while your child is at camp. Reasons camp staff would contact you include, but are not limited to the following:

- Homesickness of your child that is getting worse not better
- Conduct by your child that is inappropriate at Girl Scout Camp
- Illness or injury to your child that requires her stay in the health center for an extended period of time, requires medical attention outside of the camp health services or requires your child to be picked up by parents

Attendance

If you know your camper will not be attending camp on a particular day, please inform the camp staff as soon as possible. If your camper arrives to camp late, have her check in at the main lodge with a staff person upon her arrival. If you are picking up your camper early, a staff person will have you sign the early pickup form located in the main lodge.

A Camper Transportation/EarlyRelease Form has been included in this parent packet for this purpose.

Behavior

All girls are expected to follow the Girl Scout Promise and Law while at camp. Council policy states that girls and adults may not use weapons, alcoholic beverages, unprescribed drugs, or tobacco products at Girl Scout functions or on camp property. If, *for any reason*, a child's behavior is not within our expectation of a camper at Camp Sacajawea, we will expect the parent/guardian to pick up the camper as soon as possible. This is at the expense of the parent/guardian. We will not grant a refund of session fees.

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Telephone

Camp Sacajawea has only one phone line and it is used for business purposes only. **Campers are not allowed to make or receive phone calls while at camp.**

Lost Items

Label all items brought to camp with the girl's first and last name. All lost and found items will be kept at camp. You may contact the camp director to see if the lost or left items are in the lost and found box. Any items left after **August 31** will be donated to a local charity or used by the camp.

Refunds

A full refund, including deposit, will be made only if a participant cannot be placed in a session of her choice. Deposits are non-refundable in all other situations. All refund requests must be submitted in writing by August 31, and will be considered in cases of medical emergencies. Refunds will not be made if a participant is sent home due to homesickness, misconduct or by parent request. If a participant is sent home, transportation is to be arranged and paid for by a parent or guardian.

Secret Sisterhood of Camp Sacajawea. Shhh!

Does your camper come back to Camp Sacajawea year after year? If this is her 3rd (or more) summer at camp, she will be invited to join the Secret Sisterhood of Sacajawea. These girls take part in a special (secret) ceremony that they will never forget. Girls who join the sisterhood are part of a lucky group of lifelong friends who are the only people who know the secrets of the Sisterhood of Sacajawea! If your daughter has already joined the Secret Sisterhood, there is a secret in store for her too.

Trading Post

Girls will have the opportunity to shop at our Trading Post during their stay at camp. Trading Post items range in price from 50 cents to \$30. Day Camp t-shirts will be available in an assortment of styles for \$9 - \$12. If you do not want to send money to camp with your daughter, Trading Post money may be sent with the final camp fee payment. Cookie Dough may be used for Trading Post.

Parent Evaluations

Feedback from campers and parents is essential to offer continuous quality improvement of our Girl Scout programs. Your camper will bring home a parent evaluation on her first day of camp. Please, talk with your camper and evaluate her 1 or 2 Day Camp experience. On the last day of camp, please return the evaluation or mail it to the Wisconsin Rapids Service Center.

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Equipment List

label all items with camper's name

What to Wear

- _____ Clothing that is appropriate for the day's weather and outdoor activities
- _____ Clothing may get dirty and stained
- _____ Socks
- _____ Shoes (NO sandals, flip flops, or jellies)
- _____ Sweatshirt or jacket
- _____ Bandana

What to Bring

- _____ Completed Health History form
- _____ Prescribed medication (All medication needs to be in its original container and given to the Health Supervisor when your camper first arrives at camp.)
- _____ Water bottle
- _____ Bag lunch and drink (Limited refrigeration space is available; please try to pack a lunch that doesn't need refrigeration.)
- _____ Swimsuit and Towel (For spur of the moment water programs on really hot days.)
- _____ Rain gear
- _____ Non-aerosol insect repellent
- _____ Sunscreen and lip balm
- _____ Backpack or bag to carry campers items as well as notes/crafts to send back home.
- _____ Squish hike shoes (shoes that can be worn in the water and mud)

(*) - Items to bring, if staying overnight

- _____ Sleeping bag, pillow*
- _____ Personal toiletries*
- _____ Flashlight*
- _____ Change of clothes*

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