



Girl Scouts.

DOUBLE TROUBLE

Please save this information for referral as camp time approaches.

Visit Camp Birch Trails

There will be an open house this summer at Camp Birch Trails (CBT) on Saturday, June 12. Families are welcome anytime between 1 – 4 p.m. All families and alumni are invited to attend the annual CBT Open House to check out cool things at camp, including Ethel's Yurt Village and Jessical Lynn Graebel Memorial Lodge. Counselors will be available to answer questions, play games and give tours. The waterfront will be open . . . so bring your suit! CBT will provide snacks, presentations and most of all . . . FUN! Parents are encouraged to invite friends and non-Girl Scouts. Register at the Appleton Service Center.

Bus Schedules

The camp fee includes transportation to and from camp. Your child will ride the bus to Camp Birch Trails on Wednesday, late morning from Camp Winnecomac. She will return Friday on the CBT bus. **The CBT bus schedule for your Friday stop is listed on your registration confirmation.**

Mail

Everyone loves to get mail at camp. ***Make sure to include a return address in case we get mail after the camper leaves camp!*** Do not send food to your camper. It attracts bugs and other critters. If a camper receives treats, they will be kept in the kitchen until departure.

E-mail

Don't have time to write a letter? We are excited to tell you about our partnership with Bunk1.com! Bunk1's secure, easy-to-use, summer website services let you stay in touch with your camper all summer. Please read the attached document from Bunk1 to find out how to send daily emails to your camper. Use the Camp Birch Trails site for the Double Trouble program. The messages will be printed and delivered to the girls each day at noon.

Camp Telephone

Camp Birch Trails has only one phone line and it is used for business purposes only. **Campers are not allowed to make or receive phone calls while at camp.**

CBT Contact info:

- Danielle Polzin, Resident Camp Manager, after May 15, 715.536.6888 or email dpolzin@gsnwg.org
- Girl Scouts of the Northwestern Great Lakes phone number 888.747.6945

Laundry Facilities

On the health form please indicate if the camper is a bed wetter, (which is not unusual and nothing to be worried about). Your camper should talk with her counselor or another staff person she feels comfortable with if she has an accident during the night. Staff will discreetly take care of laundering the bedding and clothes.

Lost or Damaged Items

Camp Winnecomac, Camp Birch Trails and the Girl Scouts of the Northwestern Great Lakes, Inc. are not responsible for the loss or damage to a camper's personal belongings. The Camp Director must check all specialty equipment before use in any programs. Please do not bring curling irons, hair dryers, radios, portable stereos, etc. Electricity is not available in most camper cabins or tents. *Label all items brought to camp with the girl's first and last name.* All lost and found will be brought to the Appleton Service Center. Any items left after September 30 will be donated to charity.

Trading Post

The Trading Post will be open each day at Camp Birch Trails. Items for sale include notepaper, envelopes, postcards, pens, stamps, and snacks. Other items may range from stuffed animals, bandanas, patches, T-shirts, and sweatshirts. Money for your camper to use at the Trading Post may be sent to the Appleton Service Center in advance. Cookie Coupons may also be used at the Trading Post. Prices are approximately \$1 to \$10 for souvenir type items; \$10 to \$45 for clothing items. Typically, girls bring \$10 to \$50 with them.

Health Issues

*All medication you send with your camper to camp **MUST** be in original containers with the doctor's name and dosage directions.* The camp Health Center has a supply of commonly used over-the-counter medications. It is not necessary to send these to camp. The Health Supervisor will keep all of your child's medications, vitamins, ointments, etc. in the infirmary during her stay at camp. Inhalers, bee sting kits, and other necessary items will be kept with campers as determined by the Health Supervisor.

If your child has specific health needs, i.e. injections or specialized equipment, contact the Camp Director well ahead of your child's attendance. Then staff can be prepared to meet these needs.

Please do not send your child to camp if she has been exposed to a communicable disease or if she is ill. Inform the Camp Director and she will make every effort to place your child in another session.

Daily Schedule at Camp

Campers arrive at CBT on Wednesday afternoon. They will first check in at the Health Center and then go to their living area to unpack and get settled. Girls will join the other patrols in their living area for a dinner cookout. After dinner, campers will participate in patrol activities and then lights out. Thursday morning, everyone enjoys a sleep-in breakfast. Me Times begin at 10 a.m., and are followed by patrol activities. Lunch is 12:30 p.m. and is followed by Rest Hour. There is an All-Camp activity in the afternoon and then everyone goes swimming. Thursday night is the Closing Campfire, which is a quiet ceremony around a campfire. On Friday morning, breakfast is at 8 a.m., and girls will check out at the Health Center and Trading Post. Lunch is at 12:30 p.m. and the bus leaves CBT at approximately 1:30 p.m. Each day, girls are given the opportunity to visit the Trading Post. Activities at CBT include swimming, boating, arts and crafts, archery, nature, cookouts, campouts, teambuilding, low ropes, hiking, singing, playing games, sports, and more.



*** YOUR CAMPER MUST HAVE HER COMPLETED HEALTH FORM IN HAND THE FIRST DAY OF CAMP TO ATTEND. GIRLS WITHOUT THE FORM WILL NOT BE ALLOWED TO BOARD THE BUS OR GET DROPPED OFF AT CAMP.**



Camp Birch Trails

Resident Camp Packing List

****label all items with camper's name****

Clothing

- Rain gear
- Swim suit (2 if you're in a water program)
- Pajamas
- Jacket / sweatshirt
- Tennis shoes (2 pair)
- T-shirts (1/day)
- Shorts (1/day)
- Underwear (1/day)
- Socks (1/day)
- Long-sleeved shirts (2/wk)
- Jeans or other long pants (2/wk)

Personal Items

****Unscented is best****

- Towel and washcloth
- Soap in container
- Toothbrush and paste
- Deodorant
- Sunscreen
- Insect repellent – NO aerosol sprays
- Shampoo
- Comb / brush
- Tissues
- Hair fasteners, barrettes
- Lip balm
- Personal toiletries

Equipment

- Warm sleeping bag or blankets (3)
- Pillow and case
- Flashlight with new batteries
- Mess kit (plate, cup, fork, spoon, knife)
- Water bottle / canteen
- Laundry bag
- Extra batteries

Optional Items

- White shirt for tie-dying/painting
- Notebook / journal and pencil
- Stationery / postcards and stamps
- Quiet games or books
- Address book
- Disposable camera
- Hat or bandana
- Sunglasses
- Shower shoes

Please Leave at Home

****these items are not allowed at camp****

- Food / Snacks / Drinks**
- Cell Phones**
- Radios, MP3 Players**
- Electronic games and appliances**

- Aerosol spray cans**
- Makeup**
- Dangle / hoop earrings**

*** YOUR CAMPER MUST HAVE HER COMPLETED HEALTH FORM IN HAND THE FIRST DAY OF CAMP TO ATTEND. GIRLS WITHOUT THE FORM WILL NOT BE ALLOWED TO BOARD THE BUS OR GET DROPPED OFF AT CAMP.**