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girlscoutcookies.org



girl scouts

Online

My Goal

Troop #

First Name

Cookie Program Girl Scout

2026

Safe Seller Tips

Girl Scouts

- 1 **Show you're a Girl Scout**
Make sure Girl Scouts wear their uniforms, other Girl Scout-branded clothing, or their membership pin to clearly identify yourself as a Girl Scout.
- 2 **Buddy Up**
Always use the buddy system. It's not just safe, it's more fun.
- 3 **Plan Ahead**
Be prepared for emergencies, and always have a plan for safeguarding money.
- 4 **Protect Privacy**
Girl Scouts' last names, home addresses, and email addresses should never be given to customers. Protect customers' privacy by not sharing their information, except when necessary.

In Person

- 1 **Partner with Adults**
Girl Scouts should never sell or deliver cookies alone. Daisies, Brownies, and Juniors must be accompanied by an adult. Cadettes, Seniors, and Ambassadors need adult oversight for sales and must have approval for deliveries, always bringing a buddy along.
- 2 **Sell in the Daytime**
Sell during daylight hours, unless accompanied by an adult.
- 3 **Do Not Enter Any Homes or Vehicles**
Never enter someone's home or vehicle. Only approach vehicles at designated drive-thru cookie booths.
- 4 **Be Streetwise**
Become familiar with the areas and neighborhoods where you'll be selling and delivering cookies. Avoid alleys.
- 5 **Be Safe on the Road**
Always follow safe pedestrian practices when crossing at intersections or walking along roadways. Be aware of traffic when unloading products and passengers from vehicles.

Online

- 1 **Be Safe Online**
Girl Scouts must have their caregiver's permission to participate in all online activities.
- 2 **Participate in Digital Cookie**
Read and abide by the Girl Scout Digital Cookie Pledge.
- 3 **Read and agree.**
Read and agree to the GSUSA Internet Safety Pledge.
- 4 **Caregivers' agreement.**
Read and abide by the Digital Cookie Terms and Conditions for Parents/Guardians.

Be sure to check Girl Scouts safety resources and guidelines – available for download at girlscouts.org/cookieresources.

NOTE: These ingredient lists are a general guideline only to assist consumers when ordering cookies. It is important for consumers with allergies or other health concerns to carefully read the labeling on the cookie package when it is received and prior to consumption of the product. For more information visit abccookies.org.

Adventurefules®

NATURALLY AND ARTIFICIALLY FLAVORED

COCONUT, LEMON, AND LIME FLAVORED

COOKIES

CONTAINS: WHEAT, SOY,

MILK, PEANUTS, EGGS.

MANUFACTURED IN A SHARED FACILITY WITH:

MILK, PEANUTS.

Diet Exchange:

1.5 Carbohydrates, 1 Fat

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Adventurefuls®

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS
Indulgent brownie-inspired cookies with caramel flavored creme and a hint of sea salt

Approx. Ct. 15
Net Wt. 6.5 oz. (184g)
2 cookies (25g) per serving
130 calories per serving

**Explorermores™**

NATURALLY AND ARTIFICIALLY FLAVORED
Sandwich cookies with chocolate, marshmallow, and almond flavored creme

Approx. Ct. 20
Net Wt. 8 oz. (226g)
3 cookies (36g) per serving
180 calories per serving

NEW COOKIE!**Lemonades®**

NATURALLY AND ARTIFICIALLY FLAVORED
Savory slices of shortbread with a refreshingly tangy lemon flavored icing

Approx. Ct. 16
Net Wt. 8.5 oz. (241g)
2 cookies (31g) per serving
150 calories per serving

FAN FAVORITE**Trefoils®**

Iconic shortbread cookies inspired by the original Girl Scout recipe

Approx. Ct. 40
Net Wt. 9 oz. (255g)
4 cookies (27g) per serving
120 calories per serving

**Thin Mints®**

Crispy chocolate wafers dipped in a mint chocolaty coating

Approx. Ct. 32
Net Wt. 9 oz. (255g)
4 cookies (33g) per serving
160 calories per serving

**BEST SELLER!****Peanut Butter Patties®**

Crispy cookies layered with peanut butter and covered with a chocolaty coating

Approx. Ct. 15
Net Wt. 6.5 oz. (184g)
2 cookies (25g) per serving
130 calories per serving

**Caramel deLites®**

Crispy cookies topped with caramel, toasted coconut, and chocolaty stripes

Approx. Ct. 15
Net Wt. 7 oz. (198g)
2 cookies (28g) per serving
140 calories per serving

**BEST SELLER!****Peanut Butter Sandwich**

Crisp and crunchy oatmeal cookies with creamy peanut butter filling

Approx. Ct. 20
Net Wt. 8 oz. (227g)
3 cookies (34g) per serving
170 calories per serving



girl scouts

ABC
BAKERS

Per Package

First Name _____ Troop # _____			Donate Cookie Packages							
Adult Contact's Name _____			Adventurefuls®	Explorermores™	Lemonades®	Trefoils®	Thin Mints®	Peanut Butter Patties®	Caramel deLites®	Peanut Butter Sandwich
Adult Phone Number _____			Total Packages						Amount Due	
#	Last Name (Print)	Address	Phone/Email	Number of Packages						Check when Paid
1										✓
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			Total	Total in red square must equal both across and down.						Amount Due



Girl Scout Cookie™ proceeds stay local to power unique and amazing year-round adventures for girls in your local community.